Hatfield Peverel Infant and Nursery School

Social, Emotional and Health Provision Map 2026-2027

This Provision Map demonstrates the range of provision available to our learners throughout the school. It is an ongoing self-evaluation proves which requires us to continuously audit, plan, implement and review the provision in order to identify and overcome potential barriers to learning with a view to meeting the needs of all pupils within the school setting. We aim to ensure that every teacher is an inclusive teacher, responsible for each pupil's progress. This document works alongside our Healthy Schools Award work, our Mental Health and Wellbeing Policy, and details provided on our school website. All documents are reviewed regularly. There are three types of provision: Universal, targeted and personalised, all of which are detailed in this document.

Universal describes quality first inclusive teaching which considers the learning needs of all the children in the classroom. This includes providing adapted provision learning and creating an effective, inclusive learning environment. This is the first step in responding to children who have or may have SEND.

Targeted provision describes specific, additional and time bonded interventions provided for some children who need help to accelerate their progress to enable them to work at or above age-related expectations. This support/intervention is targeted to children who are not making the expected progress through the universal provision. Some children's needs may also be being supported through involvement of external agencies. Children may be on the SEND register.

Personalised provision describes targeted provision that is needed for a few children where it is necessary to provide highly tailored intervention to accelerate progress and/or enable children to achieve their potential. This may include one to one or specialist interventions. Children may be on the SEND register.

Universal **Quality First Teaching for ALL children**	Targeted Provision **Keep up/additional provision for some children**	Personalised Provision **High level of personalised provision for few children**
What are the concerns? Examples include: sustained periods of not being able to cope/low mood, long term and repetitive friendship problems, more significant anxiety in class despite support from class teacher/other adult in school, divorce of parents, bereavement of extended member of family, emotional response to an upsetting event.	What are the concerns? Examples include: persistent low mood/ongoing regulation difficulties and anxiety, attachment difficulties and triggered responses, bereavement of close family members, historic abuse which causes legacy mental health distress, self-harm, suspected eating disorders.	What are the concerns? Examples include: school refusal as a result of persistent low mood/ongoing emotional regulation difficulties/anxiety, diagnosed anxiety disorder or depression, disclosure of incident of witnessed domestic abuse (physical, emotional, sexual abuse or neglect), disclosure of direct abuse, sustained self-harm, suicide ideation or attempts.
• Assemblies reinforce positive ERIC values and school rules (Be kind, Be safe, Be the best that you can be) • Following Relationships and Behaviour policy (behaviour flowchart) • Stars of the week celebration assembly • School Council members • Circle time held weekly in class • Positive reinforcement of expectations with visual ERIC charts in classrooms • Safeguarding policy followed by all staff rigorously • School and class routines established • Talking partners • Time out/SMART thinking club • Class and celebration/sharing	• Assessment/observation by SENCo • Analysis exploring triggers • SLT or SENCo to contact parents • Log concerns on CPoms • Peer mentors/circle of friends • Active teaching of self-regulation and breathing techniques • Referral to external agencies if appropriate (Early Help/CAMHS/Young Carers/Play therapy) • Group or one to one working and talking to a trusted adult CT/LSAs • Individual reward systems • Individual social stories • Use of worry monster/box • Sensory room/crystal room time • Social skills groups (Time to talk/Lego therapy)	• ASD strategies • CAMHS • Individual behaviour plan • Individual reward system • Social stories • Targeted work form outside agencies including Educational Psychologist. • Following safeguarding procedures if a child discloses an incident or thought • DSL to consider social care referral • DSL to consider a risk assessment on basis of safeguarding for child to be in school and consider positive handling plan, with parents • SLT to consider reduced timetable if appropriate and in agreement with parents. Local Authority to be informed • Work in tandem with external

assemblies • Class visual timetables • 3 trusted adults in school • Emotional/social resources • Zones of regulation • Outdoor garden sessions • Cpoms (electronic behaviour log) • PSHE scheme of work (spiral approach) • Open door policy with regular feedback to parents • Poor/late attendance monitored • Time to talk/Lego therapy/talkboost/worry monsters or boxes/calm tables in all classes • Timers • SEN coffee mornings focusing on different topics • Opportunities for regular exercise and brain breaks • Opportunities for play • Opportunities for mindfulness activities and yoga	• Take a Break Club at lunchtimes • Extra transition visits to next class/school • Now and then choices to engage and motivate • Home-school communication book	professionals to support student through school-based support detailed in Targeted support

Local support

ACL Witham (Adult Community Learning): ACL offers a space to explore new was to improve your wellbeing and gain valuable tools to help you navigate your daily life. The courses are designed to help you to understand the effects of nutrition on your wellbeing, manage anxiety, learn techniques on mindful thinking, and will guide you on your journey of personal development. Expert tutors will be there with you every step of the way for guidance and support. Mental Health & Wellbeing Courses - ACL Essex

Mental health and wellbeing leaflet ACL Mental Health and Wellbeing - ACL Essex - Adult Learning by acl-essex - Issuu

Carousel Family Hub: A warm and friendly centre for families, welcoming children, young people and their families providing access to support and services to help children and families achieve the best start in life. Barnardo's team lead the groups. Carousel Family Hub serves Braintree district and coordinates services from smaller Family Hub Delivery Sites in local areas including Acorn (Halstead), Harlequin (Witham), Seesaw (Braintree) and Silver End. The most local to our school is based in Witham at the Harlequin Family Hub delivery site, Spa Road, Witham. CM81NA Carousel Family Hub

Maldon Family Hub: A warm and friendly centre for families, welcoming children, young people and families providing access to support

and services to help children and families achieve the best start in life. Barnardo's team lead the groups. Maldon Family Hub is located at Maldon Library. Maldon Family Hub serves Maldon district and facilitates the delivery of services from other local areas, including Dengie Family Hub Delivery Site. Carousel Family Hub

Chelmsford Family Hub: A warm and friendly centre for families, welcoming children, young people and families providing access to support and services to help children and families achieve the best start in life. Barnardo's team lead the groups. Chelmsford Central Family Hub is located in the Old Registrars Office, lower ground floor, County Hall, Market Road, Chelmsford, CM1 1QH (opposite the internal entrance to Chelmsford Library) Carousel Family Hub

Healthy School Coordinator: A school healthy school coordinator has a good wealth of knowledge of courses and resources available to parents. Please contact the school office or Deputy Headteacher for advice and support.

Healthy families' team/ Essex Child and Family Wellbeing Service: The team support children and families in Essex with parenting and their health and wellbeing. The Healthy Family Service is made up of a collection of different professionals, including health visitors, school nurses, and healthy family support workers. Together they work to promote the health and wellbeing of children in Essex. https://essexfamilywellbeing.co.uk/

Other useful contacts and links

Education Psychologist: referral for support/advice on a range of cognitive, social, emotional or communication difficulties. Please contact school SENCo for more information.

School nursing team: Dedicated School Age Team offer a service to all children and their families from the age of 5 up until they turn 19 (or 25 for those with Special Education Needs). The Team consists of Specialist Community Public Health Nurses, School Nurses and Healthy Family Support Practitioners who specialise in delivering care to School Age children and young people. They work across the county, delivering health advice and support to school-aged children, young people, and their families within Schools, family homes, our Family Hubs and Delivery sites or other community settings. You can access the service via the Single Point of Contact number in your area where there is a Duty School Nurse available Monday to Friday between 9am to 5pm to help with your queries.

- Mid: 0300 247 0014

Young Minds - Primary Mental Health Worker (CAMHS) school advisory service: a forum for schools to discuss emerging mental health concerns for young people (not open to CAMHS), ie to discuss potential strategies, self-help materials, the role of other agencies and whether to refer to CAMHS or one of our partner agencies. Sometimes this will involve contact with parents Parents' Guide to CAMHS | Guide for Parents | YoungMinds

Children's Social Care and Family Solutions: If you are struggling, Family Solutions gives you a single 'key person' to help you find solutions to problems your family might be facing ranging from early intervention and preventative support to support mild to moderate anxiety,

depression or challenging behaviour (i.e. phobia, panic attacks) Support for children, young people and families | Essex County Council to find out more information.

Place 2 Be: Place2Be is a children and young people's mental health charity with almost 30 years' experience working with pupils, families and staff in UK schools. They provide mental health support in schools through one-to-one and group counselling using tried and tested methods backed by research. In addition, they also offer expert training and professional qualifications.
Place 2 Be

Anna Freud centre: Anna Freud is a world-leading mental health charity for children and families. They work in collaboration with children and young people, their families and communities and mental health professionals to transform children and families' mental health. Anna Freud | Anna Freud

Youth Wellbeing Hub: Young Wellbeing Hub is a CQC registered provider of high quality neurodevelopmental assessments for children and young people (5-25 years). Young Wellbeing Hub

Winston's Wish: Through information, on-demand services, bereavement support and counselling, they support young people across the UK to understand their feelings, process their grief and find ways to move forward with hope for a brighter future. They also help the adults who are caring for young grieving people including parents, school staff and healthcare professionals. Winston's Wish - giving hope to grieving children (winstonswish.org)

Child bereavement network: https://childhoodbereavementnetwork.org.uk/

Help 2 make sense: Bereavement charity for children #HELP2MAKESENSE

KOOTH: 1 in 5 children and young people suffer from mental health illness in any given year. At Kooth, they believe every young person has the right to thrive and to access high quality mental health care. Kooth.com is commissioned by the NHS, Local Authorities, charities and businesses to provide anonymous and personalised mental health support for Children and Young People. With over 4000 logins per day, they provide end to end support whatever the need. https://www.kooth.com/

BEAT: Support with eating disorders https://www.beateatingdisorders.org.uk/

Mermaids: Supporting trans, non-binary and gender diverse children, young people and their families. Homepage - Mermaids (mermaidsuk.org.uk)

Supporting your neurodiverse child: Information poster on Supporting your neurodiverse child

Emotional based school avoidance: Resources and ideas to support https://www.essexsendiass.co.uk/

MIND: MIND provide counselling, resources and training on a variety of mental health issues https://mnessexmind.org/

Samaritans: Samaritans | Every life lost to suicide is a tragedy | Here to listen Call 116 123 for free.

Every mind matters: Useful videos about mental health Self-care tips videos for young people - Every Mind Matters - NHS (www.nhs.uk)

Please see our website for further signposting.