

ALLERGY MATRIX

Daily Menu

Dishes	 Celery	 Gluten	 Crustacea	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustards	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites
Jacket Potato														
Cheese							X							
Tuna (V) Mayo (VE)					X									
Beans														
Cold Packed Lunch														
Deli Roll		W										MC		
Margarine (Ve)														
Ham														
Cheese							X							
Tuna (V) Mayo (VE)					X									
Carrot & Cucumber Sticks														
Tortillas													MC	
Dessert of the Day see the main menu														
Orange Carton														
Apple Carton														
Forest Fruits Carton														

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Week 2 Monday

Dishes	 Celery	 Gluten	 Crustacea	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustards	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites
Pepperoni Pizza														
Pepperoni							X							
Pizza Mix		W											X	
Pizza Sauce Mix														
Cheese							X							
Margherita Pizza														
Pizza Mix		W											X	
Pizza Sauce Mix														
Cheese							X							
Pasta Salad														
Pasta		W												
Sweetcorn														
Cucumber														
Vegan Mayo (Ve)														
Fruit Salad														
Peaches														
Mandarins														
Pineapple														
Pears														
Apples														

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Week 2 Tuesday

Dishes



Pork Sausage		W												X
Veggie Sausage		W												
Herby Diced Potatoes														
Baked Beans														
Marble Cake														
Margarine (Ve)														
Caster Sugar														
Eggs				X										
Self Raising Flour		W											MC	
Vanilla Essence														
Coco Powder														

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Week 2 Wednesday

Dishes



Pork & Carrot Meatballs														X
Veggie Meatballs													X	
Pasta		W												
Garlic Bread		W					MC							
Mixed Vegetables														
Yoghurt							X							
Strawberry														
Raspberry														
Mango & Vanilla														

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Week 2 Thursday

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Week 2 Friday

Celery Gluten Crustacea Eggs Fish Lupin Milk Molluscs Mustards Nuts Peanuts Sesame Soya Sulphites

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